

# HBACA Safety Committee April 2024

## Tool Box Talk #4

### Heat Illness Resources

#### HEAT INDEX APP

- The Heat Index is a measure of how hot it really feels when relative humidity is factored in with the actual air temperature.
- OSHA has created a Heat Index app available for use with an Android or Apple device.
- Provides a visual indicator of the current heat index and associated risk levels specific to your current location.
- Provides precautionary recommendations specific to heat index associated risk levels.
- Displays an interactive, hourly forecast of heat index values, risk level, and recommendation for planning outdoor work activities in advance.

